



KEY POINTS: Regardless of vaccination status, any person with COVID-19 **symptoms** should be tested (if possible). If testing is not done or if the test is **positive**, the person should **isolate** at home and follow other recommendations. Children who are **up to date** on their COVID-19 vaccines or who have recovered from COVID-19 in the past 90 days **do not need** to quarantine (stay home) after close contact exposure.

***Up to date with vaccines** means a person has received all doses in the primary series and all recommended boosters, when eligible. VDH generally recommends quarantine for anyone who is not up-to-date if they come into close contact with a person who is infectious with COVID-19. However, to minimize disruption to in-person learning, students ages 5-11 years who completed their COVID-19 primary vaccine series but have not yet received a booster can forgo quarantine at this time. However, starting with the beginning of the 2022-2023 academic school year, all students should follow general **CDC Quarantine Guidance**, and should quarantine if they are not up to date on COVID-19 vaccines (including booster doses, when eligible).

†**Isolate** means stay at home and away from others for at least 5 days after symptoms start (or positive test if no symptoms). Wear a mask when around others for a full 10 days. Day 0 is the date of symptom onset or positive test (if no symptoms). Children under 2 years of age and those who cannot wear a mask should isolate at home for the full 10 days.

§**Quarantine** means stay at home and away from others for at least 5 days after exposure to someone with COVID-19. Day 0 is the date of last exposure. Children under 2 years of age and those who cannot wear a mask should quarantine at home for the full 10 days.



SUMMARY OF RECENT CHANGES

6/14/22: Removed recommendation that even if quarantine is not required, testing is recommended on Day 5, and that masks should be worn around others for a full 10 days.

6/10/22: Multiple updates made:

- **Added** links to CDC Guidance for definition of “up to date” with COVID-19 vaccinations; updated footnote to reflect this. Removed “not vaccinated.”
- **Removed** guidance that students ages 12-17 years who completed their COVID-19 primary vaccine series but have not yet received a booster can forgo quarantine. Included guidance that students ages 5-11 who have received the primary series but not a booster dose may forgo quarantine at this time, until the start of the 2022- 2023 academic school year.
- **Updated** time frame of recovery from COVID-19 infection from 3 months to 6 months; those who have recovered from COVID-19 in the last 6 months are not required to quarantine after a close contact exposure to an individual with COVID-19.
- **Updated** “COVID-19 Symptoms” to link to CDC’s guidance on symptoms of COVID-19.
- **Added** guidance that children <2 years of age and those cannot mask should quarantine or isolate at home for the full day 10 period.

4/14/22: Design was updated but no changes were made to the content.

2/1/22: Updated title of document to include child care facilities in alignment with CDC’s updated isolation and quarantine guidance for child care facilities. Added links to the CDC mask page for additional information on masking ages (2 and up).